

HANDLE[®]

Introductory Course

Level I training in this innovative, people-centered,
non-drug approach to differences



In this course you will:

- * Learn the HANDLE perspective on differences in physical function, behavior, speech, academics and more
- * Learn how to recognize signs of stress as expressed by people with differences *before* eruption or shutdown.
- * Start to interpret the “messages” of behaviors.
- * Learn helpful HANDLE activities that can be applied immediately to enhance human capability.

“J’ loved this program because no one put pressure on him to talk. No one asked him to do the thing he could not do, “talking”. After 7 weeks into the program the school let us know that ‘J’ had said some words! It was the most wonderful thing to hear. Six months later ‘J’ had conquered his Selective Mutism and received the award for the most improved child of the school. HANDLE has helped him find his voice.” N.C. mother of a child who had Selective Mutism.

Presenter :

Cathy Stingley

- ~Clinical Director, Thoughtful Therapies
- ~European Regional Education Director for The HANDLE Institute
- ~One of three worldwide HANDLE Practitioner Instructors
- ~Core Faculty/Board of Directors, The HANDLE Institute
- ~Background in Education, Medicine, Mental Health
- ~Emotional Freedom Techniques Practitioner (EFT)



Saturday, January 27

9:00am - 5:30pm

**Anchorage
Venue to be announced**

One professional level U. of A. credit available

Full Registration.....\$150.00 ea	HANDLE client family members...\$45.00 ea
Early Registration (before Jan. 21).....\$110.00 ea	Repeat Introductory Student.....\$00.00 ea
3 or more from one family/agency.....\$95.00 ea	Repeat Autism Class Student.....\$00.00ea
Low Income.....\$85.00 ea	

Thoughtful Therapies in affiliation with The HANDLE Institute

P.O. Box 1968, Homer, AK 99603

To register:

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